AGE CATEGORIES

Masters 60 - 60+ yrs Masters 50 - 50+ yrs

Senior - 20 - 50 yrs

Junior - 20 or < Cadet - 17 or <

Cub - 14 or <

Age Categories

Masters, Junior

Cadet, Cub

Pre-Cub

Pre- Cub - 12 or < Pee Wee - 9 or <

No form of release aid

No string or face walking

Not Allowed

No sights

No Stabilizers

Allowed Equipment

TRADITIONAL - TRAD

Any type of traditional recurve or longbow glove, finger tab, or other finger protection Single anchor point,

The archer must touch the arrow with the index finger against the nock.

Arrows maximum diameter shall be 9.3mm - 9.4 at the tip. All arrows must have the archers initials on the shaft

All arrows must be identical, same pattern, colour of fletching, nocks and cresting, if any.

BARFBOW - BB

Senior

a bow of any type

two flexible limbs each ending in a tip with a string nock. The riser is machined composite/metal the bow is braced by a single string must be able to pass through a ring with an inside diamter of 12.2cm

r stalls, gloves or shooting tab
weights may be added to the lower part of the riser
String or face walking are permitted
torque flight compensators fitted as part of the bow
are permitted provided they do not have stabilzers
Arrows maximum diameter shall be 9.3mm - 9.4 at the tip.
All arrows must be marked with initials and must be
of identical in pattern, colours of fletching, nocks
and cresting

No shoot through riser

No arrow rest

No sights or sight marks or blemishes, laminated pieces within sight window

No lip or nose ring

Serving shall not end within athletes

view at full draw

No draw check device

No stabilizers

No Tracer nocks

INSTINCTIVE BOW - INST

Senior

a bow of any type

two flexible limbs each ending in a tip with a string nock. The riser is natural resin, wood, bamboo, horn cloth, fibreglass a portion may include carbon/graphite or metal. The riser must be of laminated construction or one piece of wood. The bow may include a single adjustable limb for tiller adjustment only, but may not have adjustable limb pockets for bow weight adjustment. the bow is braced by a single string standard glue on rest

silencers - not closer than 30 cm from the nocking

Arrows maximum diameter shall be 9.3mm - 9.4 at the tip.

No marks on the riser, string or serving that can aid in aiming No adjustable arrow rest

No draw check device

No string or face walking

All arrows must have the archers initials on the shaft All arrows must be identical, same pattern, colour of fletching, nocks and cresting, if any. finger stalls, gloves or shooting tab see rule 22.4.7.1 for finger protection clarification

LONGBOW - LB Senior

bow shall correspond to the traditional form of a longbow which means when strung the string may not touch any other part of the bow but the string nocks. The bow may be made from any material or combination of material, the shape of the grip is not restricted. Center shot is allowed the bow shall be free from protrusions, sights or sight marks marks or blemishes or laminated pieces with in the bow window area (which could be used in aiming)

For Juniors and women the bow shall not be less than 150 cm in length, for men the bow shall be NOT less than 160 cm String silencers - not closer than 30 cm from the nocking point

arrow rest or the arrow shelf may be used as an arrow rest it may be covered in a soft material in the horizontal plane only

Only wooden arrows

Arrows maximum diameter shall be 9.3mm - 9.4 at the tip. All arrows must have the archers initials on the shaft All arrows must be identical, same pattern, colour of fletching, nocks and cresting, if any.

Natural fletching only

Points shall be of field, bullet conical or cone shaped, meant for wooden arrows

See Rule 22.5.7.1 for finger protection clarification

No string or face walking No weights, stabilizers, torque flight compensators

COMPOUND UNLIMITED - CU

All age classes

Peak Draw wt: Men - 80# Women, Jr, Cdt, Cub - 60# Pre Cub, PeeWee - 45#

any type of compound bow may have shoot through riser

Bow string may include multiple servings

Release aid of any type, glove, finger tab or other finger protection

nocking points, lip or nose mark, peep sight, D-loop

Draw check indicators

Adjustable sight which may incorporate

windage adjustment

elevation setting

HUNTER/HUNTER FINGERS - HUN - Continued

Bow string may include multiple servings Release aid of any type, glove, finger tab or other finger protection

nocking points, lip or nose mark, peep sight, D-loop Only one stabilizer - 12" (30cm) in length from point of attachment to bow.

Arrows maximum diameter shall be 9.3mm - 9.4 at the tip. All arrows must have the archers initials on the shaft All arrows must be identical, same pattern, colour of fletching, nocks and cresting, if any.

Arrows must have screw in points

RECURVE - Olympic Style

any type of recurve bow
braced by a single string
serving on string shall not aid aiming
arrow rest can be adjustable
pressure button, point or arrow plate
draw check indicator
bow sight which can be adjustable - one pin
stabilizer/side bars
Arrows maximum diameter shall be 9.3mm - 9.4 at the tip.
All arrows must have the archers initials on the shaft
All arrows must be identical, same pattern, colour of
fletching, nocks and cresting, if any.

Developmental category only, not recoginzed for Championship Tournaments

Senior

No shoot through riser
No prism, lens or magnifying device
No level
No more than one pin in sight
No electronics of any kind

Draw Weight to Arrow Weight

Traditional Longbow Maximum Draw weight - 90 pounds
Instinctive/Recurve Maximun Draw weight - 60 pounds
CU/CFP Maximun Draw weight - Senior Men - 80 pounds
Women/Junior/Cadet/Cub - 60 pounds
Pre-Cub - 40 pounds

			Pre-Cub - 40
Draw Weight	Arrow Weight	Draw Weight	Arrow Weight
30	150	44	220
31	155	45	225
32	160	46	230
33	165	47	235
34	170	48	240
35	175	49	245
36	180	50	250
37	185	51	255
38	190	52	260
39	195	53	265
40	200 Pre-Cub Max	54	270
41	205	55	275
42	210	56	280
43	215	57	285

HUNTER/HUNTER FINGERS - HUN - Continued

Bow string may include multiple servings Release aid of any type, glove, finger tab or other finger protection

nocking points, lip or nose mark, peep sight, D-loop Only one stabilizer - 12" (30cm) in length from point of attachment to bow.

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